

SUGGESTED VOSH EQUIPMENT FOR TEAM SUITCASE

1. 2 salt pans (get salt on location) or hot air frame heating units
2. tonometer—need to check batteries—may need new ones that have full charge
3. lensometer—need to check batteries
4. extension cords (5)
5. large lamps w/clamps to hold to table
6. occluders (4-5)
7. bed pan for “salt pan” for sterno stove
8. foldable sterno stove/sterno (may not be able to travel w/ sterno due to new regulations of airline—check with them)
9. retinoscopy bars (6)
10. tonopen-usually brought by a Dr.
11. tonopen covers
12. alcohol wipes for hands, tonopen tip
13. small bottles of eyeglass cleaner (2-3)
14. dispensary kits (2)—screwdrivers, pliers, files, etc.
15. bag of misc items (fluorescein strips, Bengal strips, medical supplies, rubber gloves, sticky notes, baby powder for salt pan, eye patches, etc)
16. stapler, staples
17. tools and extra paper for A/R (screwdrivers, ect.)
18. handtowels for staff and dispensary (do not use softener when washing them)
19. pens, pencils
20. 3 x 5 cards for registration or exam forms
21. duct tape, nylon tape, string or thin rope
22. black plastic trash bags for trash and covering windows
23. different colored dots for coding registration cards for pathology, cataracts, glaucoma, other surgeries needed, etc.
24. eye charts (both tumbling “E” and Snellen for distance, reading cards with pictures--or can use newsprint of their country if patient is literate) --10-12 distance charts (need for dispensary, all Drs. lanes, vision screening area)
25. foam “tumbling E’s” to use for demonstration and for visual acuity screenings
26. utility knives (can’t carry on board plane)
27. trial lenses/frames if room in suitcase—if not, strap two together and use as carry-on (usually take 6 sets)
28. laser pointers for visual acuity charts

For team carry-on items:

1. Trial lenses/frames
2. Auto-refractor if handheld—Welsh Allen or Retinomax—charge all batteries prior to trip—take extra batteries and charger

Things to take outside the suitcase and shipped as “check through” luggage:

For shipping:

1. Large autorefractor
2. glasses (usually 12-13 boxes=4800 to 5200 for 5-6 examining)
3. box of medications (include 1-2 bottles of mydriatic, 1-2 cycloplegic, 1-2 bottles of anesthetic)
4. some Plano sunglasses
5. optional:
 - a. shirts for volunteers
 - b. used clothing to be left for the local residents
 - c. diagnostic contact lenses
 - d. portable edger
 - e. phoropter and portable stand
 - f. computer, printer, paper and notebook listing the eyeglass inventory