



Hope Alliance Uganda 2026 Expedition

Date: July 1, 2026 - July 13, 2026

Partner: Hope Alliance

Cost: \$2,600 - \$3,100

Estimated Airfare: \$1,900

Accommodations: Hotels, guesthouse

About Hope Alliance: Hope Alliance is a humanitarian non-profit organization based in Park City, Utah, dedicated to bringing vision care and eyeglasses to people in need worldwide. We currently serve in Utah, as well as Mexico, Guatemala and Uganda. Our mission is to provide sustainable support to underserved communities by providing hope and vision for all.

About Uganda: Uganda, often called the “Pearl of Africa,” is a country of striking natural beauty, rich culture, and warm hospitality. Located in East Africa along the equator, Uganda became an independent nation in 1962, though its history reaches far deeper through ancient kingdoms whose traditions still influence daily life today. This blend of old and new gives the country a strong sense of identity and resilience.

One of Uganda’s most defining qualities is its welcoming people. Visitors are often met with genuine smiles, curiosity, and kindness, whether in busy towns or rural villages. Community and relationships are central to Ugandan culture, making travel feel personal and deeply human.

In-country travel can be slow and adventurous, with long drives along paved highways and rougher rural roads. While infrastructure is improving, patience is rewarded with breathtaking scenery—rolling hills, fertile farmland, roadside markets, and glimpses of everyday village life that offer an authentic view of the country.

Vision Clinics - Hope Alliance partners with Bwindi Community Hospital, a critical healthcare facility serving remote communities, providing pop-up clinics in small villages, serving people who otherwise have no option for vision care. Clinics operations involve five full work days, likely 7+ hours of clinic, seeing several hundred people each day, plus one hour or more of travel time in each direction, often on rough, rural roads. We leave the hospital guesthouse immediately after an early breakfast and return just before a late dinner. Expect the unexpected; an exciting yet chaotic environment, as we adjust daily to a different location, where a new clinic set-up and flow is required. Clinics may be conducted in school locations, small rural medical buildings or



beautiful, enormous, open air churches. This is not a tourist trip. It is a profoundly authentic experience that brings you face-to-face with beauty, tragedy, and hope. There is an invitation to gain a deep understanding of the significant role one can play in the trajectory of a person's life that you will know for just moments. Words cannot adequately express how meaningful and impactful these experiences are, witnessing the joy of an adult, or sometimes a child, seeing clearly for the very first time.

Cultural Experience: As we begin the trip to our service destination, we depart Entebbe, Uganda via bus. Our first stop is Queen Elizabeth National Park which is renowned for its diverse ecosystems and abundant wildlife, including elephants, buffalo, hippos, and lions. Upon arrival we will enjoy a late afternoon boat safari and the next morning take part in an exciting game drive. We will then travel to Bwindi where we will begin the service portion of our trip.

On our free day near the end of our trip, participants can opt to participate in a gorilla trek within Bwindi Impenetrable Forest, a UNESCO World Heritage Site famous for endangered mountain gorillas and extraordinary biodiversity. (The gorilla trek fee is not included in the overall cost of the trip). Or take part in a cultural representation of the local indigenous Batwa people.

Upon departure from Bwindi we will have an overnight stay at Lake Bunyonyi which offers a stunning yet peaceful retreat. Surrounded by terraced hills and dotted with small islands, its calm waters provide a place for rest and reflection. The trip concludes in Kigali, Rwanda from where team members will return home.

Providers Needed: Optometrists, opticians and non-medical volunteers (training will be provided)

Interested Participants: Contact Lisa Mosher, International Coordinator for Hope Alliance at lisam@thehopealliance.org

For more information on The Hope Alliance: <https://www.thehopealliance.org/>